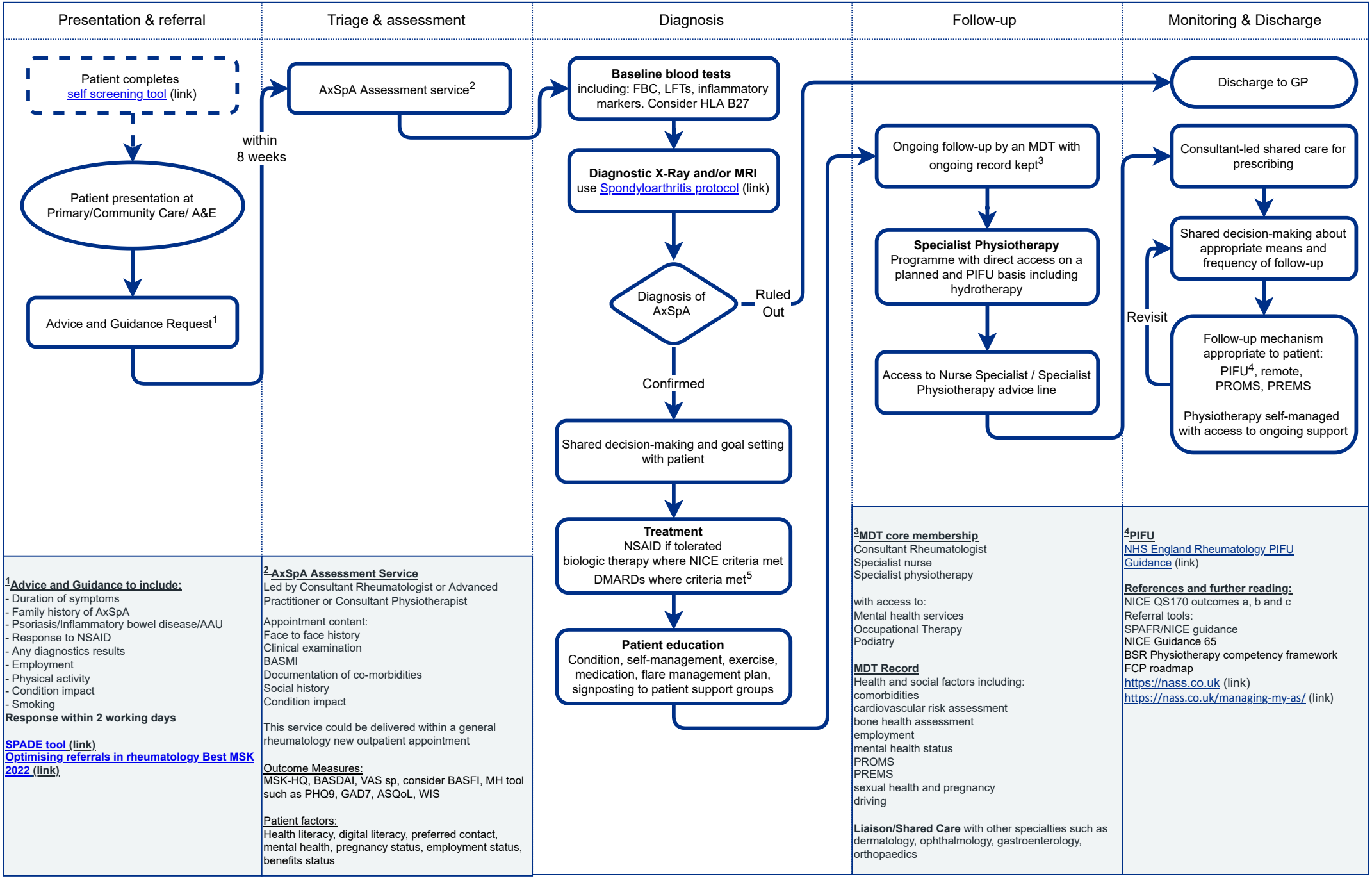
Axial Spondyloarthritis: New presentation in patient >16yrs

Rheumatology - October 2022

GIRFT GETTING IT RIGHT FIRST TIME

NASS Axial SpA works silently. We don't.

#BestMSKHealth Collaborative



[1]**Advice and Guidance to include:**
- Duration of symptoms
- Family history of AxSpA
- Psoriasis/Inflammatory bowel disease/AAU
- Response to NSAID
- Any diagnostics results
- Employment
- Physical activity
- Condition impact
- Smoking

Response within 2 working days

SPADE tool (link)
Optimising referrals in rheumatology Best MSK 2022 (link)

[2]**AxSpA Assessment Service**
Led by Consultant Rheumatologist or Advanced Practitioner or Consultant Physiotherapist

Appointment content:
Face to face history
Clinical examination
BASMI
Documentation of co-morbidities
Social history
Condition impact

This service could be delivered within a general rheumatology new outpatient appointment

Outcome Measures:
MSK-HQ, BASDAI, VAS sp, consider BASFI, MH tool such as PHQ9, GAD7, ASQoL, WIS

Patient factors:
Health literacy, digital literacy, preferred contact, mental health, pregnancy status, employment status, benefits status

[3]**MDT core membership**
Consultant Rheumatologist
Specialist nurse
Specialist physiotherapy

with access to:
Mental health services
Occupational Therapy
Podiatry

MDT Record
Health and social factors including:
comorbidities
cardiovascular risk assessment
bone health assessment
employment
mental health status
PROMS
PREMS
sexual health and pregnancy
driving

Liaison/Shared Care with other specialties such as dermatology, ophthalmology, gastroenterology, orthopaedics

[4]**PIFU**
NHS England Rheumatology PIFU Guidance (link)

References and further reading:
NICE QS170 outcomes a, b and c
Referral tools:
SPAFR/NICE guidance
NICE Guidance 65
BSR Physiotherapy competency framework
FCP roadmap
https://nass.co.uk (link)
https://nass.co.uk/managing-my-as/ (link)